



The Be The Change Protocol

Introduction

Before we are born, we enter into contracts, Soul contracts, as to the major events that we will experience during our life – both positive and negative, as we can learn from both.

We are living in a Virtual Reality, a matrix or hologram. The language of the matrix is written in lights, colours, frequency, and geometry as part of your DNA. This encodes the information for our life, including the Soul contracts.

Soul Contracts

Sometimes the soul contracts create situations in our life which are very hard to bear. It is possible to change these contracts, but this can only be done from a special place called the Zero point or void¹, a place outside space and time.

Zero Point

In the Zero point, we seem to disappear and all that is left is awareness. This cannot be described in words, although many great spiritual masters have tried to do so. It helps to have done many hours of meditation practice. The more you are able to enter the Zero point, the easier it gets, until it becomes almost second nature. We all have access to this special place within each of us, it just requires practice and a little bit of grace.

While this protocol assumes you are able to reach this place, you can use the Journey to Your Inner Center meditation by Bill Harris of Centerpointe² which will guide you to the place beyond time and space.



Centerpointe Research Institute

¹ Other words for this place are the sacred neutral, the still point or quiet point, the kingdom within, the small chamber of the heart and so on.

² Centerpointe Research Institute website - www.centerpointe.com. The founder and inspiration for so many people was Bill Harris. He invented Holosync which is a powerful meditation tool. The Journey to Your Inner Center meditation was recorded by him and was given away when he passed over. A link to the original meditation is here: www.centerpointe.com/download-the-16-minute-guided-meditation

Protocol meditation

The protocol is based on two meditations: The Guardians of Gaia and Journey to Your Inner Center.

Guardians of Gaia

This meditation is based on the book, Masters of the Matrix, written by Magenta Pixie. Magenta received the information from the White Winged Collective Consciousness of Nine (The Nine). The book explains that we can access our soul contracts and change them to ones which we prefer.

This should not be done lightly as the soul contracts were agreed by you and with your Higher Self before birth. Consequently, it is recommended that you carry out two important steps before performing the “Be The Change” meditation:

Preparation steps

1. Check that you have permission from your Higher Self to change the soul contracts.
2. Prepare yourself mentally and physically to enter the high frequency place of the Zero point.

Basically, this protocol gives you the ability to change your life story by changing your soul contracts. This ability is not to be taken lightly. It is profound and you need to make sure what you are doing is in alignment with your soul purpose.

There is another protocol called the My Way Zen test protocol that can be used to determine whether you have permission to make a radical change to your soul path. Please only proceed with the protocol if you get a “Yes”, i.e. permission granted.

Secondly, it is best to enter the Zero Point with the greatest Integrity and Virtue. The advice is to prepare yourself by any or all of the following:

1. Fasting retreat for a few days. Eat only juices or soups, switch off wifi, internet and use the time to contemplate your life story and the reasons for the change you wish to make.
2. Spend time in Nature
3. Set up an altar or sacred place in your home where you can build the high frequency energy that is needed to do this special work.
4. Purification practices. You can use any purification practices that you are comfortable with. The ones recommended for this protocol is a sacred healing bath or baptism. This can be a hot bath with salts such as salts from the Dead Sea.
5. Wear ceremony white clothes.
6. Just before the main ceremony, please switch off your mobile phone, social media etc and take care of any biological needs.
7. Use sage to cleanse the ceremony room and yourself.
8. Invoke a protection field. There are many protection fields available, such as calling in the 4 or 7 directions using a medicine wheel energetic³.
9. Write down or have clear in your mind the soul contract that you want to delete and the new soul contract that will replace it. This is an important step. After the ceremony, you can record the change you made, then sign and seal it as suggested below.

³ Examples are: the medicine Wheel protection field for My Way Zen sangha at <https://omx369.wixsite.com/mywayzen/resources>; Rose Gold protection as anti-dote to the Black box by Magenta Pixie; Pink Silver 12th dimensional protection by Lis Renee; 27 esoteric protection fields and the Mass Meditation protection protocol from 144K (Jim Tsourakis) <https://legionoflight.kartra.com/page/sxP15>

Main ceremony

When you are ready, sit before your altar and relax by taking three deep breathes. You can also lie down or sit in a chair, as long as your spine is straight. Ask that by following the protocol, the old soul contract that you have chosen is deleted and the new soul contract is installed in your DNA template. The new soul contract can from the 5th density or dimension, but if this is the case, to make sure it is fully installed, it is recommended that you perform the advanced version of this protocol.

Optional: Contemplate the three words – AWARENESS, EXPANSION, EMOTION (LOVE)

After the purification practices and invocation of the protection field, please listen to the meditation. You may find it helps to close your eyes and listen to the meditation using headphones.

A summary of the guided meditation is:

1. Spin your energy field to cleanse it and enter pure love.
2. Become the Guardian of Gaia.
3. Start the Journey to the Inner Center meditation which lets you expand to greater and greater size until you encompass the whole Universe and then go beyond even that to enter Zero Point.
4. At Zero Point you just BE. This is BE THE CHANGE.
5. At this stage, there will be a gap as the old soul contract is deleted and the new contract is installed. You may hear some words which are doing the work (“Kadoosh Kadoosh Kadoosh Adonai T’Sebaath”) and its password.
6. Optionally, you can visualise a room full of computers or servers. Each one contains massive memory banks. Go to the one that holds the storage rack for the soul contract that you want to change. Pull it out of the storage unit and replace with the code for the new soul contract.
7. You will then be guided back to your body and to the room you are in.
8. Reboot the code by Repentance (Metanoia).

Then complete the main ceremony with a Thanksgiving, a prayer of gratitude for the major energetic upgrade you have just received. If you feel inclined finish with an Amen or similar “It is done”.

Repentance⁴

Say out loud the following three times:

“I repent and change my mind matrix to eliminate from it the old soul contract and reboot my thought patterns with the new soul contract”.

Queries

If you have any queries regarding this process, please contact me at mywayzen@gmail.com

You could also consider reading the book Masters of the Matrix as this protocol borrows from the ideas in it: www.magentapixie.com/masters-of-the-matrix

⁴ Repentance has nothing to do with Sin (as in the Jewish concept of Sin). Sin was ended by Jesus Christ. Instead, repentance means changing your mind programming, which is what this protocol is all about.

Written Record (optional)

Write the words (or code) used for the new soul contract in a booklet (handwritten or printed out) and then seal it with your signature (and seal).

Post meditation

Recommendations:

1. Drink lots of water
2. Take time to integrate. It may take some time for the new soul contract to manifest in 3D reality, as you DNA matrix needs to integrate the new information.

You may wish to repeat the meditation to check that all aspects of the new soul contract are switched on. The visualisation is to go to the bank of servers where the new soul contract is located and check whether all the lights are glowing green (i.e. switched on) – if there is any doubt. Please repeat the meditation from scratch.

Guardians of Gaia

Guardians of Gaia is the name for all of us that want to protect our beautiful planet from those that are pursuing a course of destruction. This course is destroying our ecosystems, polluting the world and the oceans. Guardians of Gaia stand for all life. If you would like to know about us, please check out our website: <https://omx369.wixsite.com/guardians>.